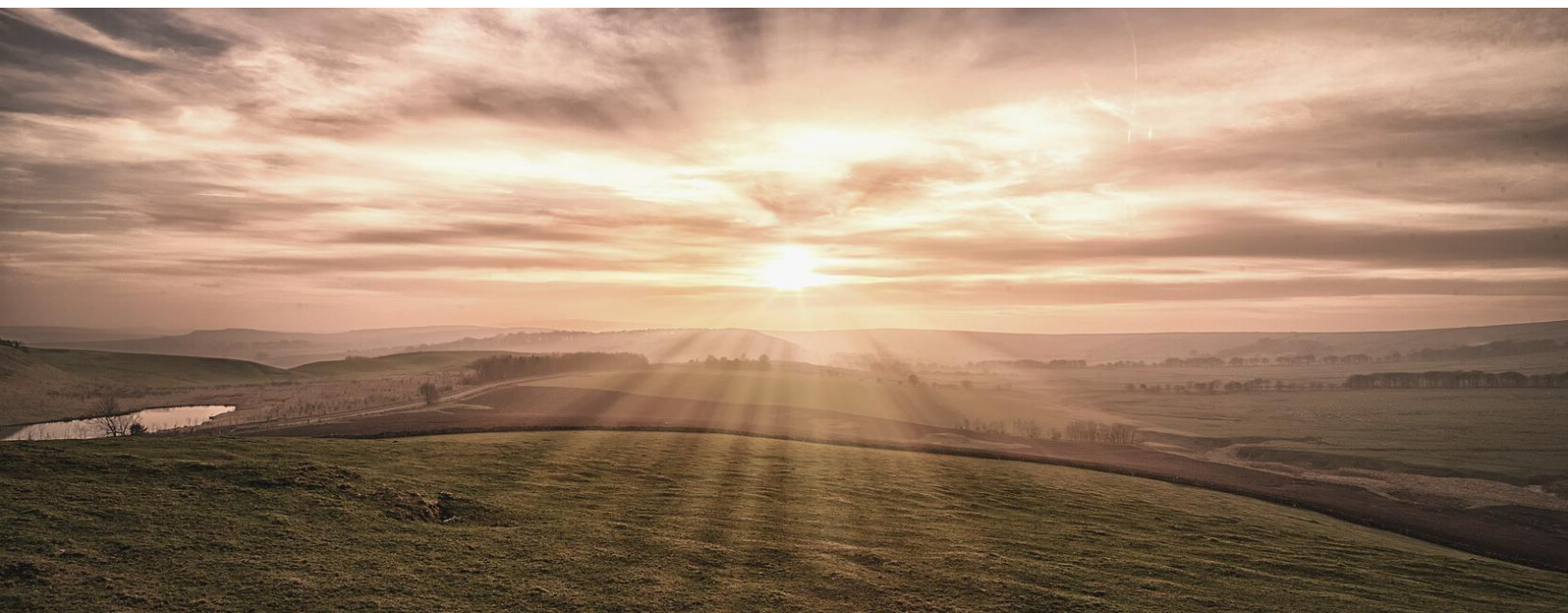


FEBRUARY 2024

# FRYEBURG NEW CHURCH

12 Oxford St. Fryeburg, Maine 04037



## Greetings dear Readers!

by Rev. Catherine

### **Haydn, Swedenborg and Fowler**

What do a composer, a mystic and a theologian/psychologist have in common? Well....let me tell you a little story about how these three will be coming together for us through Lent.

I've recently joined a choir, and on Monday nights I head to Center Conway for choir practice with the Mount Washington Valley Choral Society. This semester the choir is singing "The Creation" by Joseph Haydn, and will be performing in May, alongside an orchestra and soloists. "The Creation" is an opera-type performance based on Genesis 1 - the story of creation.

Following choir practice, the bible verses that we've been singing continue to flow through my mind all week.

I imagine the creation story and can't help but reflect on the correspondences and the inner meaning that Swedenborg teaches us about. According to Swedenborg, at one level the story of creation in Genesis presents an outline of the process of our spiritual growth and transformation, which he calls Regeneration. As I sing, I consider the message of Genesis and what it means for my spiritual growth at this point in my life.

As a former psychotherapist, I've also been considering the psychology of our Regeneration process and how that transforms our minds and spirits. I'm reminded of the work of James Fowler, a theologian and master of psychology, and the author of "Stages of Faith". This is a book which explores the psychology of human development and outlines six main stages relating to the development of faith. Fowler defines faith as our way of making sense of the world and finding the meaning and purpose for our own lives.

Putting these three together naturally led to the idea for a Lenten study, and so I will be offering a class to explore the correspondences in the story of creation.

We will meet after church, at 11:30 am for about an hour, beginning February 25th. You can participate online through Zoom, or in-person in the church hall. We'll explore the correspondences of Genesis 1 and see what Swedenborg has to say about our spiritual growth. Then we'll add Fowler's Stages of Faith model and see how they line up. There will be time for sharing our personal experiences and reflections. Bring your lunch and invite your friends. I'm looking forward to joining together with you to explore this rich, spiritual text.

~ Rev. Catherine

## CHURCH OFFICE

12 Oxford Street  
Fryeburg, Maine 04037  
207-935-3413

### **Secretary hours:**

Wednesday 9 - 1

Thursday 9 - 1

Friday 9 - 1

*subject to change without notice*

### **Pastor:**

Wed. & Thursday 9:30 - 1:00

Friday, Sat. & Sun. By appointment

[fryeburgnewchurchpastor@gmail.com](mailto:fryeburgnewchurchpastor@gmail.com)

207-256-6333

## Contact People

**Chair of Trustees:** Lee Dyer

**Trustee:** Greg Huang-Dale

**Treasurer:** Jim Dutton

**Trustee:** Susan Logan

**Trustee:** Alexis Miranda

**Trustee:** Terrie Carlson-Rideout

**Trustee:** Ellen Schwindt

**Music Director:** Greg Huang-Dale

**Office Secretary:** Dawn Crowe

**Childcare coordinator:** Dede Frost

**Pastor:** Rev. Catherine Lauber

**For contact information visit**  
[www.fryeburgnewchurch.org](http://www.fryeburgnewchurch.org)



## CALENDAR

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- **Family Worship** ~ Sundays HYBRID @ 10:00 a.m.
- **Rev. Catherine on Holiday this week (2/5 - 2/13)**
- **Lay leader Sally Gibson February 11th**
- **Coffee Hour** ~ Volunteers needed, thanks!
- **Trustees meeting** ~ February 13 hybrid @ 6:30 pm
- **Tai Chi** ~ Saturdays @ 8:30 - 10:00 am (contact Greg Huang-Dale)
- **Dinner Bell at St. Elizabeth Ann Seton Church in Fryeburg** ~ Wednesdays 5pm - 6pm drive through pick-up. No Dinner Bell during school vacations.
- **Game Night at FNC** ~ every 2nd & 4th Weds. 5:30 to 7:30 p.m.
- **Sound Bath Meditations** ~ Wednesday February 14, 21 and 28 at 7:00 p.m. on Zoom.
- **Have an event to list here? Please let the office know.**
- **Fryeburg Fair Committee Meeting** ~ Feb. 11 after worship
- **Lunar New Year** - February 10, 2024, Sign: Dragon, a Yang year.
- **Mardi Gras / Fat Tuesday** ~ February 13
- **Ash Wednesday** ~ February 14
- **Valentine's Day** ~ February 14
- **Random acts of Kindness Day** ~ February 17
- **President's Day** ~ February 19
- **MSAD #72 February vacation** ~ February 19 - 23
- **Study Group with Rev. Catherine begins** ~ February 25
- **World Day of Prayer** ~ March 1
- **Palm Sunday** ~ March 24
- **Easter** ~ March 31
- **Fun Holidays ~ Wacky, Bizarre Days by Holiday Insights**  
[www.holidayinsights.com/moreholidays/](http://www.holidayinsights.com/moreholidays/)

*Please contact the office if you have an addition for the newsletter.*

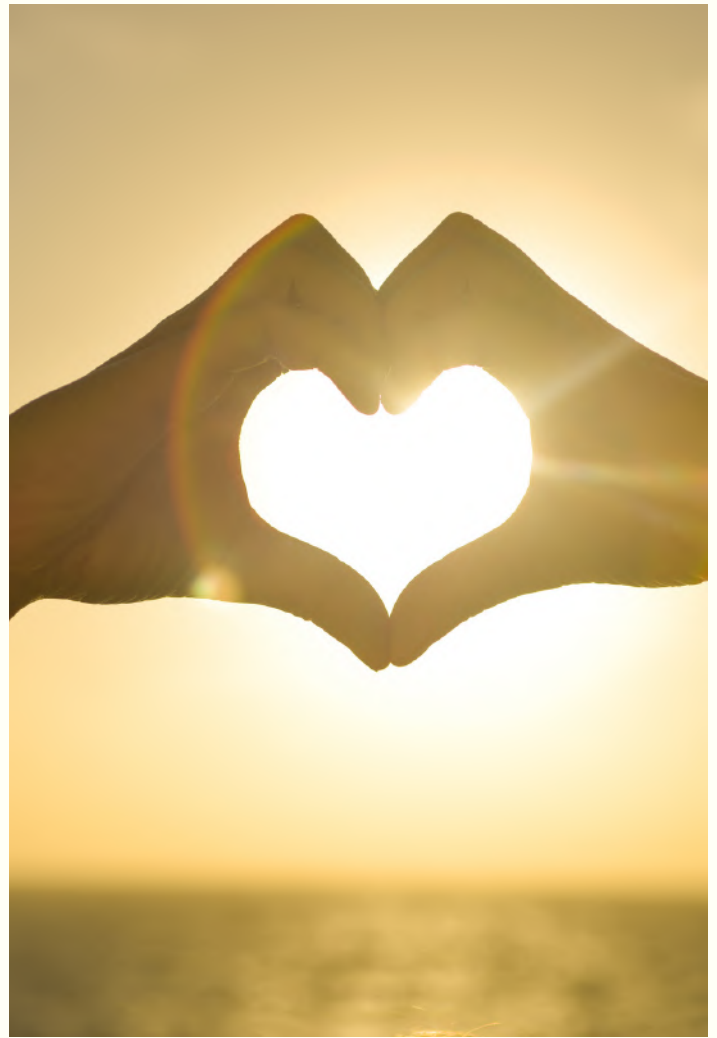
*“Being deeply loved by someone gives you strength, while loving someone deeply gives you courage.”*

*~ Lao Tzu ~*

# FNC NEWS

*Written by Claire Kiesman and Martha Richardson*

Happy February everyone. Do you have the winter blues? Well, hope is on the way, according to Punxsutawney Phil, we will have an early spring. \* What is Da Capo? They meet at our church and people asked who or what they are. They are a choral group, co-directed by Mary Bastoni and John Walde, who meets at our church weekly for practice. They just had a trio of concerts, performing at the Fryeburg Congregational Church, at the Whitney Community Center in Jackson, and at the Majestic Theater in Conway. The Huang-Dale family performs with this group, Greg sings, Jenny accompanies on the cello, and Soleil accompanies on the trombone, violin, and trumpet. Good luck to them and watch if they are having a concert in your area. \* Soleil told me she is Choreographing the middle school play. She is a very talented and busy young lady. She is now a senior and is applying to colleges. Good luck to you Soleil in all your endeavors. \* At this writing, Jane Dutton has bronchitis. Our prayers are with Jane and Jim. \* Our sympathy is with Stew and Dede Frost and their family in the passing of his uncle. \* We are saddened to hear of the sudden passing of Dr Harper. Our condolences to his family, all those who worked with him, and all those who had him as a dentist. \* Please everyone hold your loved ones close every day and do not let strife separate you. Love is our heritage and birthright; we lead with love. If you have any news please let Claire (207) 935-2200 or Martha (207) 935-1217 know. \*Note, we started the FNC News when we had Covid and could not meet in person as a way to connect our church community. Now we are back at church, have a wonderful minister, and can all connect. It may no longer serve a purpose. We would like to know the feelings of our readers. Please let us or the church office know. Thank you.



## FRYEBURG FAIR MEETING

There will be a Fryeburg Fair Committee meeting on February 11th directly following our Worship Service and coffee hour. Starting to plan now will be very helpful to spread the workload of the Fair Booth more evenly throughout the year. Thank you to all on the committee!

## NEW WEBSITE!

Our Church will have a shiny, new updated website soon! Do you happen to have any photos of Church activities that you are willing to share? Vintage photos of the Fair booth, kitchen, pies, craft fair, etc. Please let Susan Logan know or the Church office. Thank you!



# TRUSTEES REPORT

The Fryeburg New Church held its 2023 Annual Meeting on Sunday, January 28, with 21 members present.

The 2024 proposed budget was approved as presented. If you did not receive the 2023 Annual Report, please contact Dawn [fryeburgnewchurch@gmail.com](mailto:fryeburgnewchurch@gmail.com) or 207-935-3413 to request a copy of the budget and reports.

Alexis Miranda and Ellen Schwindt were nominated and elected to serve on the Board of Trustees. Jim Dutton will continue to serve as our Treasurer.

Article 7 on the Warrant - To move forward with the consideration of the renovation of the Parsonage, it was approved after a lengthy discussion with 15 voted to approve, 1 voted no, and 3 abstained. An Ad Hoc Committee will be formed to conduct the research and prepare a proposal for the final consideration of this project. The Trustees will oversee the project and the Ad Hoc committee will report monthly to the Trustee Board. Please contact Greg Huang-Dale at [ghuangdale@gmail.com](mailto:ghuangdale@gmail.com) if you would like to serve on the Parsonage Ad Hoc Committee. The final report will be presented to the members for approval at a special meeting or the 2024 Annual Meeting in January 2025.

The 2024 Board of Trustees:

Lee Dyer - Jan 2025 (2nd term)

Greg Huang- Dale - Jan 2025 (first term)

Terri Carlson-Rideout - Jan 2026 (first term)

Susan Logan - Jan 2026 (first term)

Alexis Miranda- Jan 2027 (first term)

Ellen Schwindt - Jan 2027 (first term)

The Board will meet on Tuesday, February 13, and elect officers.

# Important Information

February 2024  
Monthly news



## Music News at FNC

The spring semester of music-teaching is well underway. On Saturday mornings, lots of elementary-aged children come to the church take their piano and violin lessons. Watch for news of a recital in late April.

On Monday afternoons, teens fill the space, making music in small groups. My “chamber music program” is off to a grand start. Our concert will be on April 27th at The Little White Church in Eaton. I haven't scheduled any classical music afternoons or other concerts in 2024 yet, but planning is underway for those. If you have an idea for a community concert, or if you know someone with some music to share, please get in touch with me at [ellen.m.schwindt@gmail.com](mailto:ellen.m.schwindt@gmail.com).

### Ways to give to the Church:

Checks can be mailed:  
12 Oxford Street,  
Fryeburg, ME 04037

### PayPal:

<https://fryeburgnewchurch.org/giving/>

**Drop off at the church office**  
or in the front door mail slot.  
*Thank you, donations are appreciated.*



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**Zoom Link:** <https://us02web.zoom.us/j/85357860199>

Dial by your phone 1 929 205 6099

Meeting ID: 853 5786 0199 There is no password.





## **Maine Council of Churches**

Speaking with a prophetic voice of faith, connecting people within, through, and beyond the church to create a more just, compassionate, and peaceful world.

### **WARM COATS NEEDED**



**AND MITTENS, GLOVES, HATS, SCARVES**

**FOR ADULTS AND CHILDREN**

**NEW OR GENTLY USED**

New Mainer families living at the West End II apartments in South Portland are in desperate need of winter outerwear.

**Drop off your donations**  
**8:30am—4:30pm, Monday-Thursday**  
**600 Westbrook Street, South Portland**

At the office, last door of building, on corner  
of Westbrook Street and Wermuth Road

FRYEBURG NEW CHURCH



We are offering  
**PASTORAL COUNSELING**

with Rev. Catherine Lauber

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To schedule your  
appointment contact the  
office at 207-935-3413

12 Oxford Street, Fryeburg, ME  
[www.fryeburgnewchurch.org](http://www.fryeburgnewchurch.org)

*“One of the most important things  
you can do on this earth is to let people  
know they are not alone.”*

*~ Shannon L. Alder ~*